

# Physical Therapist

## About the job

### Job description

#### Overview

We are seeking a dedicated and compassionate Physical Therapist to join our DOS team. We are a physician-owned practice dedicated to providing exceptional patient care through personalized physical therapy services. Our team of experienced professionals is committed to improving the health and well-being of our community.

The ideal candidate will have a strong background in patient care, with experience in outpatient settings. This role involves working closely with patients to develop personalized treatment plans, facilitate recovery, and promote overall wellness. The Physical Therapist will play a crucial role in discharge planning and may provide care in various environments, including home health and hospital settings.

#### Responsibilities

- Assess patients' physical abilities and limitations through comprehensive evaluations.
- Develop individualized treatment plans based on patient needs and goals.
- Implement therapeutic interventions such as exercise programs, manual therapy, and trigger point therapy.
- Monitor patient progress and adjust treatment plans as necessary to ensure optimal outcomes.
- Educate patients and their families on exercises, home care strategies, and injury prevention techniques.
- Collaborate with other healthcare professionals to coordinate patient care effectively.
- Document all patient interactions, progress notes, and treatment plans accurately.
- Participate in discharge planning to ensure a smooth transition from therapy to home or other care settings.

#### Requirements

- Bachelors, Graduate or Doctorate in Physical Therapy from an accredited program.
- Valid state license to practice as a Physical Therapist.
- Strong knowledge of human physiology and anatomy.
- Experience in outpatient therapy settings preferred.
- Excellent communication skills for effective interaction with patients, families, and healthcare teams.
- Ability to work independently as well as part of a multidisciplinary team.
- Compassionate approach to patient care with a focus on improving quality of life.

Join us in making a difference in the lives of our patients through specialized physical therapy services at DOS!

Job Type: Full-time

Benefits:

- 401(k)
- Dental insurance
- Health insurance
- Paid time off
- Vision insurance

Medical Specialty:

- Orthopedics

Schedule:

- Monday to Friday

Education:

- Bachelor's (Required)

Experience:

- Patient care: 1 year (Preferred)

License/Certification:

- Physical Therapy License (Required)

Ability to Relocate:

- Wilmington, DE 19808: Relocate before starting work (Required)

Work Location: In person