

CURRICULUM VITAE
PETER F. TOWNSEND, M.D.

Limestone Medical Center
1941 Limestone Road, Suite 101
Wilmington, DE 19808
(302) 655-9494

WORK HISTORY:

- Delaware Orthopaedic Specialists, PA (1990 – Present)
*Orthopaedic Surgeon, Specializing in Surgery of
the Hand and Upper Extremity*
- Co-Chief, Section of Hand Surgery, Department of Orthopaedics (1992 – 2002)
Alfred I. DuPont Institute/ Nemours Children’s Health Hospital

EDUCATION:

Fellowship in Hand and Upper Extremity Surgery:

Roosevelt Hospital, of Columbia University’s College of Physicians and Surgeons,
New York City, NY

Hospital for Special Surgery, Cornell College of Medicine, New York City, NY

Residency in Orthopaedic Surgery

University of Pennsylvania School of Medicine,
Department of Orthopaedic Surgery, Philadelphia, PA

- Elected Chief Resident
- Appointee, Medical Education Committee
- Appointee, Executive Medical Faculty
- Department of Orthopaedics

Internship in General Surgery

University of Pennsylvania School of Medicine
Department of Surgery, Philadelphia, PA

Medical School

University of Pennsylvania School of Medicine
Philadelphia, PA
Degree: M.D.

Undergraduate

University of Colorado, at Boulder
B.A. Biological Sciences
Dean's Honor Roll

CERTIFICATIONS & LICENSURE:

Certificate of Added Qualification in Surgery of the Hand	(1994 – Present)
American Board of Orthopaedic Surgeons, Diplomat	(1992 – Present)
Delaware Medical License	(1990 – Present)
National Board of Medical Examiners, Diplomat	(1985 – Present)

PROFESSIONAL SOCIETIES:

Fellow, American Academy of Orthopaedic Surgeons
Diplomat, American Board of Orthopaedic Surgery
Fellow, American College of Surgeons
American Medical Society
Delaware Medical Society
Delaware Society of Orthopaedic Surgeons
J. William Littler Research Society
Philadelphia Hand Society

BOARD APPOINTMENTS and ELECTED POSITIONS:

Board of Councilors, American Academy of Orthopaedic Surgeons	(2018 – Pres.)
National Orthopaedic Leadership Conference	
Representative for the State of Delaware,	(2013- Present)
President, Delaware Society of Orthopaedic Surgeons	(2014 - 2018)
President elect, Delaware Society of Orthopaedic Surgeons	(2012 - 2014)
Treasurer, Delaware Society of Orthopaedic Surgeons	(1996 - 1998)
Secretary, Delaware Society of Orthopaedic Surgeons	(1992 - 1996)
Delaware Board of Physicians for the United Negro College Fund	(1992 - 1996)

COMMITTEES:

Advocacy Resource Committee, AAOS
Blood and Blood Products Committee, Alfred I. DuPont Institute
President/Board of Directors, Arthritis Foundation of Delaware
Medicine and Research Committee, Arthritis Foundation
Pharmacy and Therapeutics Committee, Alfred I. DuPont Institute

HOSPITAL AFFILIATIONS:

Christiana Care Medical Center, Orthopaedic surgeon
St. Francis Hospital, Orthopaedic Surgeon
Alfred I. DuPont Hospital, Orthopaedic Surgeon Emeritus Privileges

TEACHING AFFILIATION & STAFF APPOINTMENTS:

Clinical Instructor, Orthopaedic Education
Christiana Care Health Systems
Clinical Instructor, Department of Sports Medicine
Christiana Care Health Systems
Co-Chief, Section of Hand Surgery, Department of Orthopaedics
Alfred I. DuPont Institute/ Nemours Children's Health Hospital

ORTHOPAEDIC CONSULTANT:

General Motors Corporation, Occupational Safety
Arlon, Occupational Safety
Medical Research Institute of Delaware
Diabetic Neuropathy Wyeth Ayerst Pharmaceutical
Diabetic Neuropathy of the Sural Nerve
Delaware Seat Company, Occupational Safety
Multiple Sclerosis Society

ORTHOPAEDIC ACTIVITIES:

University of Delaware, Athletic Program, Sports Medicine
Clinical & Health Services, Wilmington Blue Rocks, A League
University of Delaware Figure Skating Club, Consultant
McDonald's LPGA Tournament, DuPont Country Club
Team Physician, Wilmington Friends School Football

PRESENTATIONS:

Live Wrist and Elbow Anatomic Dissection Orthopaedic Symposium Christiana Care Health Systems	(2010)
Surgical Treatment of Hand Disorders Medical Lecture Academy of Lifelong Learning	(2010)
Sports Medicine of the Upper Extremity Delaware Academy of Family Practice Physicians	(2010)
Common Hand Problems, Nursing Christiana Care Health Systems	(1990 – Present)
Common Hand Problems for the Primary Care Physician, Family Practice Residents Christiana Care Health Systems	(1990 – Present)
Common Hand Problems Certified Hand Therapist	(2009)
Common Problems of the Upper Extremity Department of Family Practice	(1998, 2000, 2004, 2009)
What's New in Hand Surgery Advanced Practice Nurses Association	(2005)
Common Emergencies of the Hand Department of Emergency Medicine	(1998, 2003)
Common Pediatric Athletic Injuries Alfred I. DuPont Institute Sports Medicine Conference	(1997)
Cumulative Trauma Disorder, Repetitive Motion Injuries Medical Staff of MBNA, Newark, DE	(1997)

Sports Injuries and Workplace Problems of the Hand WDEL Radio Talk Show “Let’s Talk Medicine” Wilmington, DE	(1996)
Common Hand Injuries University of Delaware Student Health Service, Staff Development Committee	(1996)
Common Hand Injuries: The Department of Family Practice Medical Center of Delaware	(1992 -1994) (1995)
Sports Injuries of the Upper Extremities Hercules Incorporated, Wilmington, DE	(1995)
Surgical Options of the Hand in Rheumatology Arthritis Delaware Society of Orthopaedic Surgeons	(1995)
Common Emergency of the Upper Extremities New Castle County Medical Society, New Castle, DE	(1993)
Cutaneous Innervation of the Upper Extremities New Castle Medical Society, New Castle, DE	(1993)
Bite Wounds and Envenomations of the Upper Extremity Internal Medicine and Medical Center of Delaware	(1993)
Fractures of the Hand Grand Rounds- Medical Center of Delaware	(1992)
Compression Neuropathies of the Upper Extremities Internal Medicine and Medical Center of Delaware	(1992)
Fractures of the Hand, Department of Emergency Medicine Medical Center of Delaware	(1991)

PUBLICATIONS:

Bulstra AEJ, Crijns TJ, Janssen SJ, Buijze GA, Ring D, Jaarsma RL, Kerkhoffs GMMJ, Obdeijn MC, Doornberg JN; Science of Variation Group. Factors associated with Surgeon recommendation for additional cast immobilization of a CT-verified nondisplaced scaphoid waist fracture.

Arch Orthop Trauma Surg. 2021 Nov;141(11): 2011-2018.

Black BT, Barron OA, Townsend PF, Glickel SZ, Eaton RG. Stabilized subcutaneous ulnar nerve transposition with immediate range of motion. Long-term follow-up. J Bone Joint Surg Am. 2000 Nov;82(11):1544-51

Brighton, Carl T. Townsend P.F., "Increased cAMP Production After Short-term Capacitively Coupled Stimulation in Bovine Growth Plate Chondrocytes." Journal of Orthopedic Research, Vol 6, No 4, pps 552-558

Kumar, J., Townsend P.F.; "Physeal, Metaphyseal, and Diaphyseal Injuries of Lower Extremities in Children with Myelomeningocele". JPO 4:25-28

Kumar, J., Townsend P.F.; "Posterior-Lateral Spina Fusion for the Treatment of Scoliosis in Myelodysplasia", JPO 2:514-520

Cowell H.R.; Townsend P.F.; "Coxa Plana". Orthopedic Surgery Update, Vol. 1, No. 20

Cowell H.R.; Townsend P.F.; "Osteotomy in the Treatment of Clubfoot". Orthopedic Surgery Update, Vol. 1, No. 5

Cowell H.R.; Townsend P.F.; "Fractures Simulation Infection in Children with Myelomeningocele" C.O.R.R., Vol 144 Nov-Dec 1979

OTHER PUBLICATIONS:

Townsend, P.F.; "Some Dietary and Ecological Considerations of the Common Snapping Turtle in Delaware." Journal of Maryland Herpetological Society, September 1979